Knowledge Organiser Unit: About Me

How many bones are there in the human body?
270

What type of animal is a human?

Mammal

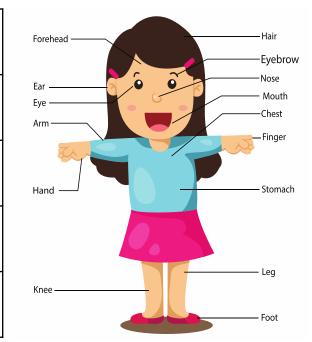
What controls our body?

Our brain



GR8! — 8 words and meanings to learn		
Key Word	Meaning	
1. sight	This is the sense we get from using our eyes to see things.	
2. smell	Our nose is the body part which means we can smell things. Smells can be good or bad.	
3. exercise	This is when we move our body for example running, jumping, swimming or playing sport. It is healthy for us.	
4. healthy	This is the word which means how well and good we feel in our bodies and in our brains. A healthy body makes us feel good.	
5. design	This is another word for 'make.' Our body is 'designed' in a way that helps us live.	
6. baby	A new born human being.	
7. grow	This is what we do as we move from being a baby into a child and an adult. Everyone grows.	
8. bones	These make up the skeleton which holds our body together. There are 270 bones in a child's body.	

eye		seeing
ear	9	hearing
mouth	7	tasting
nose		smelling
skin		feeling



Exercise is important because it keeps us healthy.

It is important to keep clean by washing our bodies and hair and cleaning our teeth.

We need to sleep well because it gives us more energy the next day.